

1979 District 7

Teams: Mountain Lake 130, Jackson 103, Windom 77, Westbrook 62, Storden-Jeffers 51, Brewster 28, Heron Lake-Okabena 19.5, Round Lake 18.5, Lakefield 4, Comfrey 3, BO? 0.

Long Jump

- 1 Steve Carter, S-J 19-10
- 2 Larry Hildebrandt, ML 19-3.5
- 3 Randy Pool, RL 19-1
- 4 Greg Erickson, Jac 19-0
- 5 Mike Kelly, Com 19-0
- 6 Larry Rupp, Com 18-9.5

Discus

- 1 Brett Ailts, Jac 152-2
- 2 Bob Ruby, Jac 143-4
- 3 Brad Witt, S-J 139-2
- 4 Jon Holm, Win 129-10
- 5 Doug Meier, Brew 118-8
- 6 Al Kamrath, Lakef 117-10

Shot Put

- 1 Brett Ailts, Jac 53-4 **
- 2 Bob Ruby, Jac 48-6.5
- 3 Brad Witt, S-J 47-6
- 4 Tim Kunze, RL 43-6
- 5 James Weaver, Brew 41-7
- 6 Brad Nelson, Jac 41-2.5

120 Yd High Hurdles

- 1 David Caviness, Win 15.3
- 2 Steve Cornick, Westb 15.4
- 3 Phil Skow, ML 15.8
- 4 Greg Erickson, Jac 16.5
- 5 Doug Boyer, RL 16.6
- 6 Joel Holm, Win 16.7

100 Yd Dash

- 1 Steve Carter, S-J 10.1
- 2 Gary Hildebrandt, ML 10.5
- 3 Ron Winter, Jac 10.5
- 4 Chuck Wolff, HL-O 10.6
- 5 Mike Eastlund, Win 10.6
- 6 Brad Witt, S-J 10.6

High Jump

- 1 Cory Grey, ML 5-10
- 2 Dan Johnson, Brew 5-8
- t3 Greg Erickson, Jac 5-8 (5-9 in jump-off)
- t3 Phil Skow, ML 5-8
- t3 Dean Kremmin, ML 5-8
- 6 Scott Uhlenhop, Westb 5-6

Notes:

One Mile Run

- 1 Ken Murray, Jac 4:29.3 **
- 2 Noel Schmidt, Westb 4:30.7
- 3 Dan Nelson, ML 4:45.4
- 4 Mike Knuth, Win 4:50.8
- 5 Al Darling, Lakef 4:53.7
- 6 Dean Garoutte, HL-O 4:55.7

440 Yd Relay

- 1 Jackson 46.0 **
- 2 Storden-Jeffers 46.3
- 3 Windom 47.1
- 4 Westbrook 47.4
- 5 Mountain Lake 47.6
- 6 Round Lake 48.8

440 Yd Dash

- 1 Scott Bartsch, ML 53.5
- 2 Don Johnson, Brew 53.5
- 3 Stewart Snoer, ML 53.6
- 4 Chuck Wolff, HL-O 54.1
- 5 Dick Arness, Win 54.4
- 6 Joe Murray, Jac 55.3

Two Mile Run

- 1 Todd Anderson, ML 10:19.9
- 2 Dave Dincau, ML 10:22.1
- 3 Dean Friesen, ML 10:25.6
- 4 Dave Green, S-J 10:36.3
- 5 Keith Wendland, Win 10:50.2
- 6 Joel Doeden, RL 11:02.7

300 Intermediate Hurdles

- 1 Joel Holm, Win 41.3
- 2 Phil Skow, ML 41.4
- 3 Steve Cornick, Westb 41.8
- 4 Larry Hildebrandt, ML 42.9
- 5 Doug Boyer, RL 42.9
- 6 Al Darling, Lakef 44.8

Pole Vault

- 1 David Caviness, Win 12-7.5
- 2 Percy Cohrs, Westb 12-0
- 3 Don Bosshart, Jac 11-0
- 4 John Weaver, Brew 11-0
- 5 Richard Weaver, Brew 11-0
- t6 Doug Anderheidon, HL-O 10-0
- t6 Monte Walker, RL 10-0

880 Yd Run

- 1 Dick Arness, Win 2:01.7
- 2 Scott Bartsch, ML 2:01.8
- 3 Sergei Schmidt, Westb 2:04.9
- 4 Steve Moe, Win 2:06.7
- 5 Jeff Doeden, RL 2:08.2
- 6 Gary Rupp, Westb 2:08.2

Sprint Medley Relay

- 1 Westbrook 3:44.7
- 2 Jackson 3:47.5
- 3 Mountain Lake 3:54.7
- 4 Storden-Jeffers 4:01.8
- 5 Windom 4:02.5
- 6 Brewster 4:06.0

220 Yd Dash

- 1 Ron Winter, Jac 23.9
- 2 Gary Hildebrandt, ML 23.9
- 3 Chuck Wolff, HL-O 23.9
- 4 Mike Eastlund, Win 24.4
- 5 Steve Carter, S-J 24.6
- 6 Don Bosshart, Jac 25.6

One Mile Relay

- 1 Westbrook 3:36.0
- 2 Mountain Lake 3:38.5
- 3 Windom 3:43.1
- 4 Heron Lake-Okabena 3:46.8
- 5 Jackson 3:47.8
- 6 Brewster 3:51.2